



Our Lady of Perpetual Help School



A Treasure Trove of News

March 2010

SACS Accredited

MARCH
CALENDAR

How Will YOU Celebrate Lent?

Monday, March 1
Registration for NSECD
PreK4 begins

Wednesday, March 10-
Friday, March 12
3rd Quarter Exams

Friday, March 12
Early Dismissal
1:00 for PreK, Kdg
1:20 for 1st-8th
No AM/Pm bus service
No PM extended care

Monday, March 15
4th quarter begins

Monday, March 15—
Monday, March 22
TerraNova testing

Wednesday, March 17—
Report cards given
to students

Monday, March 22
7:50 Honor Roll
Breakfast
8:30 Honor Roll
Ceremony

Tuesday, March 23
Spring Pictures
Dress up/Dress down

Thursday, April 1—
Wednesday, April 7
Easter Holidays

It may seem strange to talk about celebrating Lent, but it is a season in which we draw closer to the Lord by repentance and prayer. Traditionally, there are three kinds of Lenten practices: prayer, fasting, and almsgiving.

Here at OLPH, we will be helping our students to celebrate Lent in the following ways:

Prayer:

- Sacrament of Reconciliation
- Weekly Mass and Stations of the Cross for grades 1-8
- Daily morning prayer, with song-prayer 'Change my heart, O God.'

Fasting:

- Many of our students "give up" candy or other treats during Lent.
- In the cafeteria, Friday meals are meatless.



Almsgiving:

- As part of our Lenten Journey (see Sr. Julie's Corner, page 3) the students will be collecting various items for the poor (money, food, clothes, shoes)

3rd Quarter Exam Schedule

GRADES 6-8

Wednesday, March 10
Periods 1 and 4 (7th gr. Lit)

Thursday, March 11
Periods 5,6, and 7

Friday, March 12
Periods 2 and 3

GRADE 4-5

Wednesday, March 10
Math & English

Thursday, March 11
Religion & Social Studies

Friday, March 12
Reading & Science



Tuition-Free PreK4 program

OLPH School is privileged to be the only school in East Jefferson to participate in the NSECD (Nonpublic Schools Early Childhood Development) program, which provides tuition-free PreKindergarten classes to lower-income families who qualify.

March 1. Proof of income and residence is required, as well as the normal records requested. We can accept up to 32 students in our program, plus other students as well, for a total of 40 students in two PreK4 classrooms. Of course, we also have our PreK3 program for 3-year-olds.

This is a great bargain for our OLPH families. Call the school office for details.

Registration for NSECD begins on

Our Lady of Perpetual Help School

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How to Do Your Best on the Test: TerraNova Testing March 15-22



As you may know, the Catholic schools in the archdiocese changed to a new standardized testing program last school year. This is the second year that schools in the archdiocese will administer the TerraNova test. All students in grades 3-7 will take the test. This year, the test will be given earlier, in March, so that teachers and parents can receive the results before the end of the school year.

The tests include the InView test of cognitive abilities as well as the normal sections of reading, math, language, social studies, and science.

Here are some helpful test-taking strategies:

- The night before the test:
 - Get a good night's sleep.
 - Talk with your parents about any concerns you have about the test.
- The morning of the test:
 - Eat a good breakfast and go through your normal routine.
 - Think positive!!!
- During the test:
 - If you do not understand the directions, ask for help.
 - Read the questions and ALL answers before marking anything.
 - Don't spend too much time on any one question.
 - If you finish early, check to make sure that you have answered all of the questions.
 - Fill in the bubbles fully, write neatly, and erase stray marks.
- Remember, it's OK not to know everything!!! Just do your best.

Stand Up and Be Counted: OLPH Celebrates the U.S. Census

Students at OLPH School will be participating in the 2010 Census in the Schools educational program sponsored by the U.S. Census bureau.

The U.S. Census occurs only once every ten years, and it is important to our country, not just for valuable information, but for our state's representation in congress and money appropriated for our schools,

states, and communities.

Children, especially the youngest ones, are fascinated with the idea of counting all of the people in the country. The teachers will be using age-appropriate lesson plans developed by the census bureau to teach the students the importance of the census. The students will also be bringing home letters to parents for further information.



OLPH will celebrate "Census in Schools Week" from March 22-26. The 8th graders will develop a "School Census form" to give to all students, and will tabulate the results.

Also, OLPH will offer space in the administration building for the Census Bureau to train volunteers.

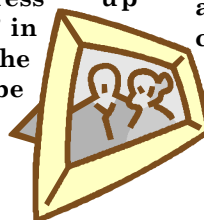
Spring Pictures: Dress Up or Dress Down



This year, for the first time, OLPH will be offering Spring Pictures to students and parents. Our new school photographer, LifeTouch, will be here on Tuesday, March 23, to take pictures of the students.

Here's how it will work:

The students will come to school out of uniform for the day. They can either "dress up" or "dress down" in jeans. Of course, the dress must always be appropriate for a student in our Catholic school.



The pictures will be taken with an attractive spring backdrop. The parent will receive a proof copy of the photograph, and decide whether to order copies after they have seen the picture. There is no obligation to buy, but OLPH will receive a percentage of the sales.



Sr. Julie's Corner

Lent—Just a Closer Walk with Jesus



Our students at OLPH have embarked on a Lenten journey—a Lenten walk with Jesus. They have each received a Passport with their picture, name, and grade, and space for six “visas” for the six weeks of Lent.

First Week of Lent

- February 22-26
- My Prayer Journey—The students will receive a cutout of a flip-flop, to write a prayer for Lent. Prayers will be displayed throughout the school.



Second Week of Lent

- March 1-5
- 10 cents a mile—Students will collect dimes this week and during Lent, for Catholic Relief Services, which will send the money for relief of the Haitian earthquake.

Third Week of Lent

- March 8-12
- Food for the Journey—Students will collect non-perishable food items for our OLPH parish food pantry.



Fourth Week of Lent

- March 15-19
- Clothes for the Journey—Students will collect clothes

for the poor.

Fifth Week of Lent

- March 22-26
- Shoes for the Journey—The students will bring in an old pair of shoes for the poor.

Sixth Week of Lent (Holy Week)

- March 29-31
- Sacrifices for the Journey—The students will share the sacrifices that they have made during the season of Lent.

At the end of Lent, the students will have a completed passport to keep as their “souvenir” of their journey with Jesus.



Registration for Next Year Tuition Loans Available Online

Registration continues for the 2010-11 school year. If you have not re-registered yet, please call the school office and tell Mrs. Sandra Klein your plans. We are already planning for the new school year, and we need to know as soon as possible if your child plans to return. Registration has already begun for new students, so register soon to ensure a place for your child.

Tuition bank loans may be made online by accessing <http://tuition.fbtonline.com>. Remember that you must first be re-registered before you can apply online for the loan. Families who had a tuition loan last year must still apply online; this is not a renewal of last year's loan. If you need assistance, please call Tuition Lending at 584-5967.

Pennies for Patients



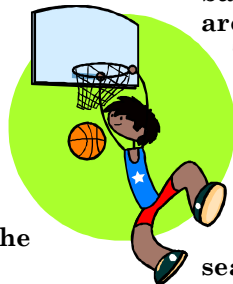
OLPH students collected \$901.14

For the Lukemia and Lymphoma Society

The winning class was 4th Grade, Who collected \$ 190.92 And will receive a pizza party as a reward.

GO, PIRATES!

Our OLPH boys' basketball team received a bye for the first round of district play-offs because of winning their division. They are currently 6-1 and have a #3 seed heading into the playoffs. Congratulations and good luck to all of our boys on the team !!!



The boys' indoor ball tryouts will begin as soon as the basketball playoffs are finished.

The first game is scheduled for the fourth week of March.

Unfortunately, there was not enough interest to have a girls' indoor ball game this season.



Maybe next year...



For Your Information

The preliminary calendar for next year has school beginning on Thursday, August 12 for students, and ending on Thursday, May 26.

OUR LADY OF PERPETUAL HELP SCHOOL

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OLPH Newsletter is on the Web!
www.olphla.org

Just click for our school calendar,
homework assignments, lunch menus,
and many kid-friendly links

Mission Statement

The mission of Our Lady of Perpetual Help School is to encourage personal growth of the students' relationship with God through the life and teachings of Jesus Christ. Our Lady of Perpetual Help faculty and staff, along with the cooperation of parents and the parish community, provide students with an education that will prepare them spiritually, academically, socially, and emotionally to make moral real-life decisions.

Philosophy

Our Lady of Perpetual Help School welcomes and serves children of all faiths and backgrounds with the love of Christ, while maintaining our Roman Catholic identity. Teachers implement a variety of teaching methods, which accommodate each individual student's learning style while maintaining grade level expectations. Students are given the opportunity to become contributing members of society through academic, social, emotional, and physical development. Our Lady of Perpetual Help School promotes a spiritual environment of respect, personal responsibility, confidence, and school pride. Administrators, staff, teachers, and parents cooperate as a team to serve the academic and extra-curricular needs of the student body.

Childrens Examination of Conscience

Responsibilities to God

1. Have I prayed every day?
2. Have I prayed my morning and night prayers?
3. Have I prayed with my parents and family?
4. Have I been moody and rebellious about praying and going to church on Sunday?
5. Have I asked the Holy Spirit to help me whenever I have been tempted to sin?
6. Have I asked the Holy Spirit to help me do what is right?

Responsibilities to Others

1. Have I been obedient and respectful to my parents?
2. Have I lied or been deceitful to them or to others?
3. Have I been arrogant, stubborn, or rebellious?
4. Have I talked back to parents, teachers, or other adults?
5. Have I pouted and been moody?
6. Have I been selfish toward my parents, brothers and sisters, teachers, or friends?
7. Have I hit anyone?
8. Have I held grudges or not forgiven others?
9. Have I failed to treat other children with respect; have I made fun of them and called them names?
10. Have I used bad language?
11. Have I stolen anything? If so, have I returned it?
12. Have I performed my responsibilities?
13. Have I done my homework?
14. Have I done my household chores?
15. Have I tidied up my room and my toys when asked?
16. Have I been helpful and affectionate toward my family?
Have I been kind and generous with my friends?